GETTING STARTED WITH THE MENTOR PROGRAM

WHAT IS THE PURPOSE OF THE FIRST MEETING?

- Get to know each other
- Establish a clear mutual understanding of roles and framework, including aligning expectations regarding meeting frequency and discussion topics
- Define confidentiality
- Explore learning objectives and ongoing efforts throughout the year

WHAT COULD A MUTUAL EXPECTATION ALIGNMENT INVOLVE?

- Desires for learning and development. Prioritization is crucial as you cannot cover everything
- Expectations regarding time and resources for both parts in the mentorship, including meeting frequency and any homework between meetings
- Confidentiality – what does it mean for both of you?

CREATE A PLAN:

- Prioritize 1-2 learning and development goals and work on them in-depth one at a time
- Decide on the focus for the next meeting
- Any active actions (homework) leading up to the next meeting?
- Set a date and time for at least the next meeting (preferably two meetings ahead)
- Midway follow-up: Is everything going well? Does anything need to change?